



# 2025 Governor Hicks Log Canoe Regatta



**86th Anniversary, August 16-17, 2025**

Organizing Authority: Cambridge Yacht Club

## SAILING INSTRUCTIONS

1. **ELIGIBILITY:** Only Chesapeake Bay Log Sailing Canoes.
2. **ENTRIES:** All contestants must register with the Cambridge Yacht Club (CYC) Race Committee (RC) on or before 8/16/24 at 08:00. Contestants may register online by visiting [www.cambridgeyachtclub.com](http://www.cambridgeyachtclub.com). A Skipper's meeting is scheduled at 8:30 on Saturday. There is a \$50.00 entrance fee.
3. **RACING RULES:** The regatta will be governed by The Racing Rules of Sailing, the prescriptions of US Sailing, as modified by CBYRA, the CBLCSA except as any of these are changed by the PRO at the skipper's meeting, or by these sailing instructions.

As used in the RRS, the word "hull" is replaced by "hull and equipment in normal position," and includes boomkin, boards, bowsprit and jib club in sailing position, as length of hull.

4. **COURSE:** The course will be displayed and announced (via vhf channel 72) by the Committee boat prior to the Warning Signal. The Race Committee may choose to offer a drop mark styled windward/leeward course, a drop-mark styled triangular course, or a course utilizing the local ESSA sailing club marks (comprised of government marks).

If the ESSA course marks are utilized, please refer to Appendix A, B and C for details.

Appendix A: Standard Race Marks (ESSA)

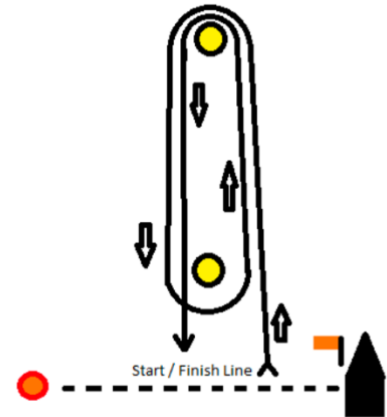
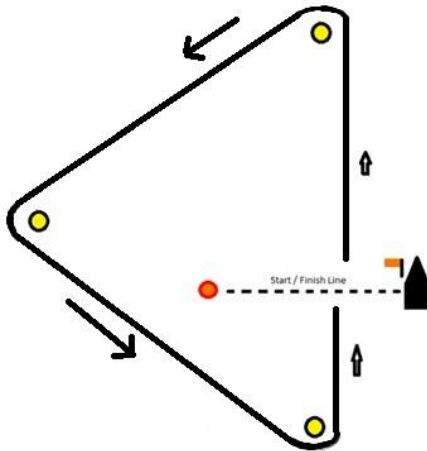
Appendix B: Course Numbers

Appendix C: Race Marks: Distances and Bearings

At the Race Committee's discretion, a windward/leeward styled race course OR a triangular course may be utilized. Both course examples are depicted below. In both cases, the windward mark bearing and distance will be clearly displayed on the race board. If conditions are light, the RC may call for only once around. In both cases, large ROUND YELLOW BUOY turn marks, and a MEDIUM red/orange buoy finish mark will be utilized.



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## 5. SCHEDULE OF RACES:

Race	Date	Warning	Start Signal
#1	Sat, Aug 16	0950	1000
#2	Sat, Aug 16	1350	1400
#3	Sun, Aug 17	0950	1000

6. START: Signals shall be made in five-minute intervals (Ten-minute starting sequence). Times shall be taken from the visual signals. The failure of a sound signal shall be disregarded. This changes RRS 26.

WARNING	10 minutes	Yellow Flag...sound
PREP	5 minutes	Blue Flag...sound
START	0 minutes	Red Flag...sound

7. RECALLS: Individual recalls will be signaled by Code Flag "X" and one blast of the horn. The committee will hail the sail number(s) of premature starters. Whether or not hail is heard, responsibility for starting properly rests with each skipper, and will not be grounds for redress. This amends RRS 62.1(a).

8. GENERAL RECALL will be signaled by display of Code Flag "First Substitute" and two guns. Warning signal will replace this signal one minute after it is lowered (one sound of horn will accompany the lowering of the signal).

9. PENALTIES: For mark and competitor infringements to the rules, a one penalty turn will be used to exonerate the guilty party. Refer to RRS 44.2 and substitute one turn wherever a two turn penalty is mentioned. If a competitor makes contact with the Committee boat and as a result of such contact, damage occurs to the Committee boat and/or injury is sustained by any of the Race Committee crew, the offending yacht shall retire immediately from that race. No penalty will be allowed. (This modifies RRS Rule 44).



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10. FINISH: In the case of drop marks, the finish line will be between the orange flag on the committee boat and the nearby red drop mark used for the start line. When competitors are racing a designated racecourse from the provided ESSA list, they will finish by keeping race finish mark "Z" (Red Flag off of the yacht club bulkhead) to **PORT** and the RC boat orange flag to **STARBOARD**.
11. TIME LIMIT: The first boat must cross the finish line within the times listed below. The Race Committee may call the race sooner at its discretion: 2 ½ HOURS – when 2 races scheduled in day. 3 HOURS – when 1 race is scheduled for the day.
12. Any boat that finishes 45 minutes after the first boat has finished shall be scored as DNF. A minimum of ONE hour shall be allowed between the time of the last place finisher and the warning signal for a succeeding race, unless there have been back-to-back races agreed upon beforehand.
13. PROTESTS: The Race Committee must be informed of intent to protest as the boat finishes a race by flying a red flag. The flag must be flown before and after announcement to the committee boat. Time limit for filing a written protest is 60 minutes after the committee boat returns to dock after the last race for the day. Time and location of the protest hearing will be posted on the official notice board. All protests shall be made in writing in a clear and comprehensive manner setting forth all details and names of witnesses. CBYRA protest forms can be found in the back of the Greenbook or in the CYC office. All involved parties shall report to the designated protest area and remain easily available.
14. SAFETY: All canoes shall have a chase boat/tender with life jackets for all the crew. All canoe must have a life ring or throwable cushion with a rope. Any crewmember who cannot swim must wear a life jacket. It is the sole responsibility of the owner and/or skipper that these requirements are met.
15. Skippers are asked to check in and communicate number of crew aboard to the RC prior to the warning signal for each race.
16. COMMUNICATIONS: All communications by RC shall be made via VHF on channel 72.
17. SCORING: The low point scoring system described in RRS Appendix A will apply. A boat is considered registered for the 2025 season and will be scored in each race. If a boat does not compete in a regatta, she will be scored as DNC.
18. TROPHIES: The Trophy Award Ceremony is scheduled for approximately 2:00 pm on Sunday
19. DISCLAIMER OF LIABILITY: Competitors (skippers, crew and support boats) participate in the races entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the races.

**PLEASE REMEMBER – SHIRT and SHOES ARE REQUIRED IN THE CLUBHOUSE. No hats inside.**



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## Appendix A





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## Appendix B: Course Numbers.

ESSA Choptank Courses 2023 Season					V 23.1	
If Twice Around, drop "Z" . "Z" is only for the finish line.						
Course Number	Wind Direction	DegM	Start	Course Marks	Leave to	NM
1	N	358	A	H-A-Z	P,S,●	3.1
2	N	358	A	H-C-A-Z	P,P,S,●	3.5
3	N	358	A	H-D-C-A-Z	P,P,S,S,●	4.6
4	N	358	A	H-G-C-A-Z	P,P,S,S,●	5.1
5	NE	31	A	F-A-Z	P,S,●	2.0
6	NE	31	A	F-C-A-Z	P,P,S,●	3.6
7	NE	31	A	F-C-H-A-Z	P,S,S,S,●	3.9
8	NE	58	C	H-A-Z	S,S,●	3.5
9	NE	58	C	H-G-A-Z	P,P,S,●	4.0
10	E	108	B	F-A-Z	S,S,●	1.9
11	E	108	B	F-C-A-Z	P,P,S,●	3.5
12	SE	164	C	A-H-A-Z	P,P,S,●	4.5
13	SE	164	C	A-C-A-Z	P,P,S,●	4.6
14	S	178	H	A-Z	S,●	1.8
15	S	178	H	A-H-A-Z	P,P,S,●	4.5
16	S	178	H	A-H-G-A-Z	P,P,P,S,●	6.3
17	SW	200	H	B-A-Z	P,S,●	2.1
18	SW	200	H	B-H-A-Z	P,S,S,●	3.2
19	SW	235	H	C-H-D-C-A-Z	P,P,P,S,S,●	4.8
20	W	275	H	D-C-A-Z	P,S,S,●	4.1
21	W	277	H	E-C-A-Z	P,S,S,●	5.5
22	NW	341	A	G-A-Z	S,S,●	5.0
23	NW	344	A	C-A-Z	S,S,S,●	3.2
24	NW	344	A	C-H-C-A-Z	S,S,P,S,●	3.9

**NOTE: IN ALL CASES, FINISH MARK Z SHALL BE KEPT TO PORT.**



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## Appendix C: Race Marks: Distances and Bearings.



ESSA Race Markers: Distances and Bearings-2023  
 Updated April 14, 2023

From/To >	Deg	Mag/NM										
V												
A	B	C-2021	D-2021	E	F	G	H	Z				
A		338/.91	344/1.40	321/2.1	311/2.7	31/0.8	341/2.3	358/1.37	282/0.4		A	
B		158/.91	356/.51	309/1.28	299/1.95	108/0.7	340/1.4	20/.73	184/.80		B	
C		164/1.4	178/.51	287/1.01	285/1.73	132/1.00	321/1.06	58/.35	176/1.23		C	
D		141/2.1	129/1.28	107/1.01	281/.7	120/2.0	47/0.8	89/1.26			D	
E		131/2.7	119/1.95	105/1.73		115/2.7	73/1.3	97/2.0			E	
F		211/0.8	288/0.7	312/1.00	300/2.0	295/2.7		323/1.9			F	
G		161/2.3	160/1.4	141/1.06	227/0.8	253/2.3	143/1.9	134/0.9			G	
H		178/1.37	200/.73	235/.35	275/1.26	277/2.0	153/1.0	314/0.9			H	
Z		102/0.4	04/.80	356/1.23							Z	
A	B	C-2021	D-2021	E	F	G	H	Z				